### **WILLOWICK**



## 2024 Fall & 2025 Winter Program Guide

Recreation Dept./Manry Park 440-516-3011

City of Willowick's Website: www.cityofwillowick.com

Online Registration: <a href="https://willowick.activityreg.com">https://willowick.activityreg.com</a>





@WILLOWICKREC

#### Facility Rentals

#### **Community Center**

321 E. 314<sup>th</sup> St. Main Hall w/ commercial kitchen Capacity: 150

#### **Dudley Fieldhouse**

31500 Willowick Dr. Main Hall w/ standard kitchen Capacity: 75

#### **Dudley Outside Pavilion**

w/grills, Cap: 25

#### **Manry Activities Center:**

30100 Arnold Dr. Gymnasium

#### Manry Outside Pavilion

w/grills, electric hook-up, & water, Cap: 35

Call the Recreation Department for facility rental information 440-516-3011

Cash or Check Payments for Rentals

#### \*\* IMPORTANT INFORMATION \*\*

<u>Proof of Residency Required for All Purchases</u>: Acceptable proof of residency is a current utility bill with your name and address listed on it, and your photo I.D. In order to receive the resident rates for programs, rentals, etc., your proof of residency and photo I.D. must be provided at the time of registration. Attention Parents/Guardians, if your minor child has a different last name than yours, you must provide their birth certificate or court documents showing guardianship.

PLEASE NOTE: ALL INFORMATION AND FEES LISTED IN THIS GUIDE ARE SUBJECT TO CHANGE.
MAKE SURE TO CHECK WEBSITE AND WEEKLY SCHEDULES FOR UPDATES AND CHANGES.

## UPCOMING FALL



## EVENTS







#### Dudley Park will be the location for the

8<sup>th</sup> Annual Willowick Car Show...
Sunday, August 18<sup>th</sup> Time: 1pm to 4pm
(Raindate will be Aug. 25<sup>th</sup> at Dudley Park)

Register online in advanced to receive a free dash plaque (First 150)

#### FALL HARVEST COLLECTIBLES/ FLEA MARKET

Saturday, October 12<sup>th</sup> - 9:00am to 2:00pm Activities Center at Manry Park 30100 Arnold Dr., Willowick



\*Free Admission to the Public\*
 \* Concessions will be open\*

#### Family Halloween Dance

**Location: Willowick Community Center, 321 E. 314<sup>TH</sup> St.** 

Friday, Oct. 25th - 6pm to 8:30pm

Join us for the new Family Halloween Program! Everyone is invited to dress-up in their costumes and join us for some friendly Halloween fun! There will be DJ, games, and activities! All children must be accompanied by an adult.

\*\*GET YOUR TICKETS IN ADVANCED FOR THIS EVENT! \*\*

\$5/ ADMISSION PER PERSON (Ages 2 & Up) ON SALE AT MANRY & ONLINE!



TRICK-OR-TREAT will be observed on Halloween Thursday, Oct. 31<sup>st</sup> from 6:00pm to 8:00pm

\*\*\*\* Please be aware of the little ones crossing the streets! Please DRIVE SLOW & SAFELY!!\*\*\*\*

# Staying Fit in Willowick

#### **Power Yoga!**

<u>A.M. Class:</u> Join us for a great way to start your day! This one-hour class is a combination of Pilates and Yoga. Challenging yet relaxing and focuses on core strength. You will be guided through fluid movements set to peaceful music. Classes are held monthly October 2 through May, Monday – Wednesday – Friday mornings at the Dudley Fieldhouse from 8am to 9am. Fee: \$30 monthly. Bring your exercise mat & weights. Class minimum 18 participants, register no later than 5 days prior to class start date by calling 440-725-1313.

#### **Body Sculpting**

P.M. Class: This balanced fitness workout combines strength, flexibility and aerobic endurance without running, dancing, jumping or jazzing. Working with a set of weights the entire hour, you'll learn exercises from a certified personal trainer designed to firm your entire body without building muscular size or bulk. Prevents osteoporosis and boosts your metabolism helping you to lose weight, too! Accommodates beginner to advanced fitness levels (work at your own pace). Bring a 5-pound set of dumbbells and exercise mat or towel. Classes are ongoing and available Tuesday and Thursday evenings from 7:00pm to 8:00pm at the Willowick Community Center. Space is limited and reservations are required! Call Body Sculpting by Exterior Designs, Inc. at #440-729-3463 or visit their web-site at <a href="https://www.flexcity.com">www.flexcity.com</a>.

#### **Jazzercise**

<u>P.M. Class-</u> Fitness that's not intimidating, just invigorating! This 60 minute class pairs moderate aerobics with exercises that are designed to improve strength, balance and flexibility using easy-to-follow movements. Whether you're a beginner, newcomer, a senior, pregnant, significantly overweight or otherwise physically restricted, you can't go wrong with this popular light version of the original Jazzercise program. New students get 50% off an 8 week pass. Classes are ongoing and held Monday and Wednesday evenings at the Willowick Community Center from 6:30pm to 7:30pm. For more info or to register for class, email Sun Ok Jackson at <a href="mailto:sunokjazz@yahoo.com">sunokjazz@yahoo.com</a>.

#### **Body Bravo Fitness**

<u>P.M. Class-</u> CARDIO DRUMMING is a high energy workout combining traditional aerobic moves with the beats & rhythm of the drums offered on Tuesday evenings. For more info or to <u>register</u> for class, Call Aaron White Jackson at 440-364-2355 or email bodybravofs23@gmail.com.

## ITH PROGRAM



#### **Start Smart Soccer**

Instructor Dani Moody

The Start Smart program instructs children ages 3-5 years old the basic skills necessary to play organized soccer while they work one-on-one and spend quality time with their parents. This 6-week program focuses on teaching children kicking, dribbling, trapping, and throw in & running skills without the pressure of competition. Each week will introduce more difficult exercises as the class progresses and the children show improvement. Parent involvement is encouraged.

Location: Activities Center Gymnasium at Manry Park

Dates: Wednesdays: November 6, 13, 20, December 4, 11, & 18

Times: 6:00pm to 6:45pm Fee: \$40 / 6-week session

#### **Beyond Smart Soccer**

The Start Smart program instructs children ages 6-10 years old the skills necessary to play organized soccer. This 6-week program focuses on expanding skills of kicking, dribbling, trapping, throw in & running skills; focus will be on foot skills & agility. Each week will introduce more difficult exercises as the class progresses, and the children show improvement.

**Location: Activities Center Gymnasium at Manry Park** 

Dates: Wednesdays: November 6, 13, 20, December 4, 11, & 18

Times: 7:00pm to 8:00pm Fee: \$45 / 6-week session



### Special Needs Dance Movement Dance Instructor Cheryl Laboda

This class is an adaptive dance & movement class for all ages. Participants will explore the basics of ballet and jazz technique, while being able to implement the skills they learn into basic combinations set to music. Siblings are also welcome to register for the class. Instructor Cheryl Laboda is state tested to work with special needs individuals.

Her experience includes over 30 years of work in the public schools with Special Education Departments, teaching various sports activities to special needs children, one on one and group gym therapy. Classes are held at the Activities Center at Manry Park.

Dates: Ongoing - Saturday mornings beginning September 7th

Times: 10:00am to 10:45am

Fee: \$72 / 4 classes or Drop-in fee \$18 per class

### YOUTH PROGRAMS - continued



#### **Academy Basketball**

#### **HOOPSTERS**



For Boys and Girls Ages 4 - 7 Years Old...

This is a wonderful introduction to the game of basketball for boys and girls ages 4 - 7 years old. Dribbling, passing, shooting and defense are all taught in this four-week format that your junior hoopster will thoroughly enjoy. Bring energy to the gym...Start smart...Learn the right way to play!

Session Dates: Saturday Mornings - November 2 - 23 from 10:30am - 11:15am

Class Fee: \$50 per child for the 4-week session

#### **'HOOP IT UP' BASKETBALL CLASSES**

For Boys and Girls Ages 8 - 14 Years Old...

Whether your son or daughter is an experienced player looking for a great way to sharpen skills for the upcoming season, or just beginning, Academy Basketball has a class for all! In this four-week format, the court will be split by experience level. Each player will receive comprehensive instruction by experienced coaches on the fundamentals of the game - ball handling, shooting, and footwork. Learn great drills for offense and defense and then practice those skills in a scrimmage every week.

Session Dates: Saturday Mornings - November 2- 23 from 11:30am - 12:30pm

Class Fee: \$55 per child for the 4-week session

#### YES, I CAN! KARATE

Instructor: Sensei Sam Nieves 5-12 YR OLDS 5:30 – 6:30pm



Yes, I CAN! Karate's Head Instructor Nieves Sensei is an 8<sup>th</sup> Degree Black Belt in Shorin Ryu. He has been in the Martial Arts since 1986. He has experience working with children and adults of all ages, specializing in at risk children and those with special needs. Class topics covered: Stranger Danger, verbal de-escalation against physical encounters (understanding physical violence is a last resort, not a first response), respecting boundaries, self-discovery and the belief that "YES I CAN DO ANYTHING!"

Classes held monthly on Wednesdays & Fridays in the Activities Center at Manry Park.

Minimum of 6 participants

September: 6, 11, 13, 18, 20, 25, & 27 October: 2, 4, 9, 16, 18, 23, & 30 November: 1, 6, 8, 13, 15, 20, 22 December: 4, 11, 18, 20, & 27 \$70/ Monthly Session \$70/ Monthly Session \$70/ Monthly Session \$60/ Monthly Session

#### **ACTIVITIES CENTER at MANRY PARK**

30100 Arnold Dr. Willowick • 440-516-3011 • www.cityofwillowick.com

\*\*Remember to check our website and weekly schedules for any updates and changes to scheduling and programs.

#### **SENIOR GYM - September to May**

**A.M. WALKING PROGRAM**: (times are subject to change)

Monday Thru Friday 8:00am-10:00am

\*\*Please Note: A.M. Walking times may vary due to program scheduling and weather-related issues. When the W-E Schools close due to inclement weather, walking at Manry will be 9:00am to 10:00am.

#### **PICKLEBALL – Indoor courts at Manry**

Pickleball Punch Card: \$20 (9 visits /10th visit free) **OR** Drop-in visit: \$5 per visit Monday/Wednesday/Friday: Advanced: 10:00am to 2:00pm

Tuesday/Thursday: Beginners: 12:00pm to 2:00pm

#### **ADULT FALL PROGRAMS**

#### **Pickleball Instruction for Adults**

Learn the basics of Pickleball from instructor Diane Novak including rules of the game and gameplay! This program is geared towards people just beginning to play. Pickleball paddles and balls are available for use, but you are allowed to bring your own paddle if you have one. Please register in advanced for this class. Classes will take place at the Activities Center at Manry Park on Tuesday & Thursday evenings, 5:30pm-6:15pm on September 24, 26 October 1 & 3 Fee: \$20 / 4 class session.

#### Adult Open Gym- Pickleball

Indoor courts at the Manry Gymnasium. Open to adults ages 18 & older. Come as a team or individual. A 10-visit Open Gym Punch Pass is required for admittance, which can be purchased at Manry for \$20. Please call the Recreation Department for more information (440) 516-3011.

*Pickleball*: Tuesday & Thursday evenings 6:00pm-8:00pm Oct. 8<sup>th</sup> – Nov. 21<sup>st</sup>

\*\*\*No open gym Pickleball Oct 31<sup>st</sup> & Nov. 5\*\*\*

#### **YOUTH OPEN GYM TIMES - September to May**

(Willowick Residents with a Current Membership Tag)

Monday through Friday
Grades 9-12 2:00pm to 3:00pm
Grades 6-8 3:00pm to 4:15pm
Grades 1-5 4:15pm to 5:15pm



#### Willowick Rec. Youth Basketball League Sign-ups

Sign-ups for the Recreation Department's Youth Basketball League are held at the Activities Center at Manry Park during the times and dates listed below:

Manry Hours: Monday through Friday 8:00am – 5:00pm Sat. 10:00am – 12:00pm

Late registrations will not be accepted after the divisions last sign-up date listed.

<b>Divisions</b>	Sign-up Dates	Fees:(R=reside	<u>nt N=non-resident)</u>
Co-ed gr. 1-2	August 5 to Dec 7	R: \$45	N: \$55
Co-ed gr. 3-4	August 5 to Dec 7	R: \$50	N: \$60
Girls gr. 5-6	August 5 to Oct. 12	R: \$55	N: \$65
Boys gr. 5-6	August 5 to Dec 7	R: \$55	N: \$65
**Boys gr. 7-8	August 5 to Jan 11	R: \$65	N: \$75
**Girls gr. 7-8	August 5 to Oct 12	R: \$65	N: \$75

\*\*IMPORTANT NOTE: 7<sup>th</sup> & 8<sup>th</sup> Grade Boys and Girls, due to an OHSAA rule, only a limited number of middle school team players can participate in the Willowick city recreation league We will accept registrations from these players on a first – come, first – serve basis.

#### Willowick Rec. Youth Girls Slow-pitch Softball League Sign-ups

Sign-ups for the Recreation Department's Youth Girls Softball League 2023 season are held at the Activities Center at Manry Park during the times and dates listed below.

Manry Hours: Monday through Friday 8:00am – 5:00pm Sat. 10:00am – 12:00pm

Late registrations will not be accepted after the divisions last sign-up date listed.

<u>Divisions</u>	Sign-up Dates	Fees: (R= resident N= non-resident)
Pigtails (7-9 yr. old)	August 5 to April 26	R: \$70 N: \$75
Ponytail (10-13 yr. old)	August 5 to April 26	R: \$70 N: \$75



provided by **Abby Lane Dog Training Inc.**"where your dog becomes part of your family"

Positive Reinforcement Methods • Basic & Advanced Training Behavior Modification • K9 Good Citizen Testing Available

Classes are ongoing and held on Thursday evenings at the Dudley Fieldhouse.

Check their web-site for class information <a href="www.abbylanetraining.com">www.abbylanetraining.com</a>.

For additional info call 440-759-5575 or email: <a href="mailto:abbylanedogtraining@gmail.com">abbylanedogtraining@gmail.com</a>

## American Cancer Society Relay for Life



The American Cancer Society Relay for Life is scheduled for September 21<sup>st</sup>, 2024 at Wes Point Park in Downtown Willoughby from 2:00 to 9:00 pm. The City of Willowick has put together a Team for this very important event. Please join team Willowick and come together to celebrate cancer survivors, remember loved ones lost, and to raise money for the fight against cancer.

The link for Team Willowick is http://main.acsevents.org/goto/willowick



#### **HOLIDAY CRAFT FAIR**

Saturday, December 7<sup>th</sup> - 9:00am to 3:00pm Activities Center at Manry Park 30100 Arnold Dr., Willowick

\*Free Admission to the Public\*

\* Concessions will be open \*

<u>Holiday Luminary Sand</u> a Willowick tradition, can be picked up at Manry Park after December 2<sup>nd</sup>. Sand will be located by the storage building to the left, as you enter the park.

<u>Winter Wonderland at Manry Park</u> - Sun. December 15<sup>th</sup> – 1pm to 5pm
Enjoy spending time with your family on the synthetic ice rink, riding the North Pole
Train, bouncing on one of the inflatables, drinking hot chocolate while roasting
marshmallows, visiting with Santa, and other holiday themed activities! We look forward
to sharing this Annual holiday program with you and your loved ones! A Child Ticket is
\$10: stuff-a-plush (build-a-bear) an additional \$5/ each. Tickets on Sale at the event.

<u>Light Up Willowick!</u> – We would like to ask everyone to take part in Lighting Up Willowick by decorating your house & yard for the Holiday Spirit! Please leave your lights on from 6:00-10:00pm from December 16<sup>th</sup> – December 20<sup>th</sup>. We ask that families drive around Willowick & pick their 3 favorite houses. E-mail your selections to Julie Kless, <u>Jkless@cityofwillowick.com</u>. Let's make this a joyful holiday event for our kids, Light Up Willowick!

#### "Santa's on the phone!"

For Willowick children ages 3 to 8 years old. Imagine the excitement your little one will have when they receive a personal phone call from "Santa Claus" on **Monday, Dec.16**<sup>th</sup> **between the hours of 7pm and 8pm.** Forms can be picked up at the Recreation Department located in the Activities Center at Manry Park and will be available beginning November 1<sup>st</sup>. Forms must be returned by Friday, December 13<sup>th</sup>.

Holiday Cookie Decorating- Get together for a friend's night out for the holiday season for a cookie decorating class through <u>Sugar Cookery!</u> Participants will Learn to Decorate an assortment of 5 Holiday Sugar Cookies!

Date: Monday, December 16 6:00-8:00pm Location: Manry Park Activities Center.

Fee: \$35 Cash or Check (Payable to Laura Alexander), Venmo- Laura-Alexander-88
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#### 2025 Hometown Heroes Banner Program

Please contact City Hall for more information at 440-585-3700 ext.230

#### \* GREAT GIFT IDEAS \*

#### **MANRY BRICK PAVERS**

Be a Part of the History of Willowick! Brick Paver order forms are available at the Rec. Dept. located at Manry Park and are a wonderful way to mark your family history here in Willowick. The brick paver walkway is located in front of the Activities Center and includes commemorative brick pavers with the names inscribed of those who want to be a part of the "History of Willowick". Cost for an 8 x 8 paver is \$50 and it can be inscribed with up to 3 lines with 15 characters per line. For more information, please call the Recreation Department at 440-516-3011.

#### **MEMORIAL BENCH PROGRAM**

Keep the memory alive of your loved one or pay tribute to that special person. The bench will be placed at one of our City Parks, and will be maintained after installation. Additional information & Registration is available at the Recreation Dept.



## Mark These Important Dates for 2024

#### FATHER/ DAUGHTER VALENTINE DANCE

Spend special time with your loved one **Sunday, February 16**<sup>th</sup>, **5pm to 6:30pm** at our *Father/Daughter Valentine Dance* held at the Willowick Community Center. Tickets go on sale at the Recreation Department beginning December 2<sup>nd</sup>.

Tickets are \$20/ couple, and include DJ entertainment and light refreshments. A professional photographer will be available to capture the moment for an additional cost.

- \*\* Buy Tickets Early in the Activities Center at Manry Park or Online! \*\*
- Watch for spring youth league sign-ups in February/ March for \*soccer, \*girls' softball, \*baseball and t-ball
- Collectibles / Flea Market

**Easter Egg Hunt** 

Summer Registrations Begin! - Tuesday, February 24