

Hello Everyone,

We are excited to be taking part in the American Heart Walk again this year. We would like to invite everyone to please take part and join Team Marn/Regovich. We would like to see Willowick take 1<sup>st</sup> place this year in donations as well as in activity tracking to show our support to all that have been affected by heart disease. Below is information on how to join our team and also download the activity tracker. Please take the time to read over and join our team to help fight heart disease as I know that we all have been touched in some way by this disease. I would like to show that Willowick as a community CARES! Thank you and if you have any questions please feel free to call the Recreation Department, at 440-516-3011.

Our team is registered through the American Heart Association in honor of, Steve Regovich & our own retired Service Dept. employee John Marn both survivors of Heart Disease.

Please visit the following link and donate to Team Marn/Regovich.

[https://www2.heart.org/site/TR/HeartWalk/MWA-MidWestAffiliate?team\\_id=697023&pg=team&fr\\_id=6403](https://www2.heart.org/site/TR/HeartWalk/MWA-MidWestAffiliate?team_id=697023&pg=team&fr_id=6403)

After joining the team, when making a monetary donation, please donate to yourself to recognize your donation to the team.

The American Heart Association HEART WALK app on a smart phone will track your daily activity automatically or backlog your activity manually (see attachment). It allows you to view our teams' progress, as we get closer to the event. The only way to track your activity is through their app. If you download it in advanced, you will have to do an update on the app on May 5 for the tracker to activate. Attached is additional information on the HEART WALK app.

The Heart Walk Festival takes place at Lakeland Community College on Saturday, June 4 beginning at 8:00am with trophy presentations to the top cities and the walk starting at 9:00am. We would like to see everyone in the Willowick Community come together and walk on behalf of team Marn/Regovich. If you will be joining us in the walk, please e-mail Julie Kless at [jkless@cityofwillowick.com](mailto:jkless@cityofwillowick.com) along with your shirt size by May 13. We are hoping to have a big turnout to represent TEAM MARN/ REGOVICH, showing Willowick Cares, and is STRONG in the FIGHT AGAINST HEART DISEASE!