



DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 MEDICARE W/ PAM 9:00 - NOON Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 "A CHRISTMAS CAROL" @ MIMI THEATER BUS LEAVES @ 10:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
8	9	10	11	12	13	14
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Blood Pressure Checks 10:00 - 12:00 LCCOA - 10:00 - 11:00 FOOT DOCTOR 12:15 Art Class 12:00 2:00 Book Club 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	CHRISTMAS PARTY AT PINE RIDGE COUNTRY CLUB SENIOR CENTER CLOSED	
15	16	17	18	19	20	21
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 CLEVELAND BOTANICAL GARDENS "FROST" BUS LEAVES CENTER 10:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
22	23	24	25	26	27	28
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:00 PAINT POURING 2:00 PM	 SENIOR CENTER CLOSED	SENIOR CENTER CLOSED	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
29	30	31	JANUARY 1ST	JANUARY 2ND	JANUARY 3RD	
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	 SENIOR CENTER CLOSED	SENIOR CENTER CLOSED	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	