

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
		0	CENTER CLOSED HAPPY NEW YEAR	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
5	6	7	8	9	10	11
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 ELVIS' BIRTHDAY PARTY @ 11:00 AM ADVISORY BOARD MEETING 1:00 PM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
12	13	14	15	16	17	18
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 Sponsored by Prosper @ Wickliffe PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 LLCOA - 10:00 - 11:00 Pam - Medicare 9:00 - noon Blood Pressure Checks 10:00 - 12:00 Foot Doctor 12:15 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 JACKS CASINO - NORTH RANDALL BUS LEAVES 9:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
19	20	21	22	23	24	25
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SENIOR CENTER WILL BE CLOSED	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM LUNCH @ FUJI GRILL BUFFET & SHOPPING BUS LEAVES @ 10:00 AM	
26	27	28	29	30	31	
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Pinochle 12:30 Bingo 12:15 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15	SENIOR CENTER WILL BE CLOSED	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	