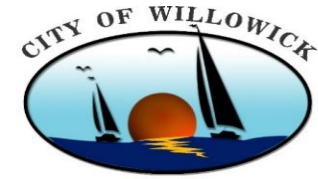


JULY 2024

WILLOWICK SENIOR CENTER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1	2	3	4	5	6
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:15 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45	4TH OF JULY CENTER CLOSED	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
7	8	9	10	11	12	13
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM ATTORNEY 9:00 AM SIGN UP	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Class 12:00 2:00 Pinochle 12:30 Ceramics 9:00 12:00 MEDICARE QUESTIONS 9:00 - 12:00 TALK WITH PAM Blood Pressure Checks 10:00 - 12:00 LCCOA - 10:00 - 11:00 FOOT DOCTOR 12:15 Book Club 2:00 MICHAEL ANGELOS WINERY @ 11:00 AM	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 CHAIR MASSAGE WITH JENNIFER	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Willo-Aires 2:15 - 3:15	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
14	15	16	17	18	19	20
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 1:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 PIZZAZZ @ 10:30 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Willo-Aires 2:15 - 3:15	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM MEET AT CHAGRIN TAVERN @ NOON	
21	22	23	24	25	26	27
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM HEARING TEST 10:00 AM - 12:00 AM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 JACKS CASINO NORTH RANDALL BUS LEAVES @ 9:30 AM CHAIR MASSAGE WITH JENNIFER	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 Willo-Aires 2:15 - 3:15	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM SENIOR DAY AT THE LAKE COUNTY FAIR GROUNDS	
28	29	30	31			
CONCERT IN THE PARK @ LAKE FRONT LODGE 6:00 - 8:00 PM RON SLUGA	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 BIRTHDAY LUNCH @ 11:15 AM	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	

**WILLOWICK
CONCERTS IN THE PARK
SERIES
LAKEFRONT LODGE
30525 LAKESHORE
WILLOWICK
SUNDAYS
6:00 - 8:00 PM
* JULY 28TH
RON SLUGA
* AUGUST 4TH FUNKOLOGY
* AUGUST 11TH
ABBEY RODEO
* AUGUST 18TH
FM-77
* AUGUST 25TH
SWAMP RATTLERS**

