



March-25

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|---|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM | EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15 FAT TUESDAY - 11:00 PIZZA PARTY | SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 *EVENT SIGN UPS 9:00 - 12:00 * ADVISORY BOARD MEETING 12:15 * CHAIR MASSAGE WITH JENNIFER | EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CYCLING PROGRAM 1:00 | YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM * Meet @ Regovich Catering @ 4:00 pm Fish Fry | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|  | SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM * ATTORNEY 9:00 AM SIGN UP | EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 *Q & A with Pam Medicare 9:00 am *LCCOA - 10:00 am *FOOT DOCTOR 12:15 *Book Club 2:00 | SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 | EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CYCLING PROGRAM 1:00 | YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | SOLO EXERCISE 8:00 - 8:45 AM YOGA FLOOR 9:00 YOGA CHAIR 10:15 Poker 12:00 BINGO 12:00 PAINT POURING 2:00 ST PATTY'S DAY PARTY @ NOON  | EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15 *Blood Pressure Checks 10:00 - 12:00 *GARDEN CLUB @ 11:00 AM | SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 *PIZZAZZ - DORTHY FULDHEIM @ 10:30AM * CHAIR MASSAGE WITH JENNIFER | EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 | YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM | EXERCISE 9:00 10:00 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:15 - 3:15 | SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 * BIRTHDAY LUNCH - 11:30 AM - POT LUCK | EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00 CYCLING PROGRAM 1:00 | YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM | |
| 30 | 31 | | | | | |
| | SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM | | | | | |