


NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
3	4	5	6	7	8	9
DAYLIGHT SAVINGS TIME FALL BACK CLOCKS	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	ELECTION DAY ALL CLASSES CANCELED	SOLO EXERCISE 8:00 - 8:45 AM SIGN UP'S FOR EVENTS 9:00 AM - NOON Pinochle 12:30 LIBRARY Meditation Yoga 3:00 - 3:45	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LIBRARY LCR 12:00 COMMUNITY ROOM	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM SET UP FOR BOUTIQUE	HOLIDAY BOUTIQUE 9:00 - 2:00 PM
	10	11	12	13	14	15
	SENIOR CENTER CLOSED	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 MEDICARE W/ PAM 9:00 - NOON Blood Pressure Checks 10:00 - 12:00 LCCOA - 10:00 - 11:00 FOOT DOCTOR 12:15 Art Class 12:00 2:00 Book Club 2:00 Willo-Aires 2:30	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 HOLLYWOOD CASINO YOUNGSTOWN BUS LEAVES @ 9:00 AM CHAIR MASSAGE WITH JENNIFER	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM LUNCH - LET'S MEET @ TRADER JACKS	
17	18	19	20	21	22	23
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:30 MIKE ZUREN @ 9:00 AM COUNCIL OF AGING @ 11:00 AM	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 THANKSGIVING BIRTHDAY LUNCH 11:15	EXERCISE 9:00 10:00 INTERMEDIATE DANCE CLASS 10:15 11:15 CERAMICS 9:00 12:00 Bridge 11:30 LCR 12:00	YOGA CHAIR 9:00 FLOOR 10:15 PAINT POURING 9:00 AM	
24	25	26	27	28	29	30
	SOLO EXERCISE 8:00 - 8:45AM YOGA FLOOR 9:00 CHAIR 10:15 Poker 11:30 Bingo 12:00 PAINT POURING 2:00 PM	EXERCISE 9:00 10:00 Tai Chi 10:15 11:15 BEGINNER/ IMPROVED LINE DANCE 1:00 - 2:00 Pinochle 12:30 Ceramics 9:00 12:00 Art Class 12:00 2:00 Willo-Aires 2:30	SOLO EXERCISE 8:00 - 8:45 AM Pinochle 12:30 Meditation Yoga 3:00 - 3:45 CHAIR MASSAGE WITH JENNIFER	 SENIOR CENTER CLOSED	SENIOR CENTER CLOSED	